

SeřetisCare Family Practice

George Seretis, D.O.

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PRE-PROCEDURE PATIENT INSTRUCTIONS

(Procedures are done in our Office by Dr. Seretis)

• If you are taking "blood thinning" medications, you must discuss stopping this medication with both Dr. Seretis and your specialist or prescribing physician for the appropriate recommendations.

Below are some common medications and our recommendations to halt them prior to any upcoming surgical procedure:

Injectable Medications:

- o Aggrastat (tirofiban) Stop 8 HOURS prior to procedure
- o Angiomax (bivalirudin) Stop 14 days prior to the procedure o Arixtra (fondaparinux) Stop 7 days prior to procedure
- o Heparin Stop 24 hours prior to procedure
- o Integrilin (eptifibatide) Stop 8 HOURS prior to procedure
- o Iprivask (desirudin) Stop 14 days prior to procedure
- o Lovenox Stop 24 hours prior to procedure
- o Novastan (argatroban) Stop 14 days prior to procedure
- o Orgaran (danaparoid) Stop 7 days prior to procedure
- o Refludan (lepirudin) Stop 14 days prior to procedure
- o ReoPro (abciximan) Stop 2 days prior to procedure

Medications Taken by mouth:

- Aspirin or aspirin containing medications (such as Excedrin) Stop 7 days prior to procedure
- Brilinta (ticagrelor) Stop 5 days prior to procedure
- Coumadin (warfarin) Stop 5 days prior to procedure
- Dicumerol/dicumarol Stop 5 days prior to procedure
- Effient (prasugrel) Stop 7 days prior to procedure
- Eliquis (apixaban) Stop 3 days prior to procedure
- Elmiron Stop 5 days prior to procedure
- Exanta (elagatran/ximelagatran) Stop 14 days prior to procedure
- NSAIDs (Ibuprofen, Naproxen, Aleve, Diclofenac, Mortin, Advil, Mobic, Duexis, Zorvolex, Zipsor, Vivlodex, Meloxicam, Voltaren, Arthrotec, Relafen, Indocin, Celebrex or similar anti-inflammatory medications etc.) Stop 3 ~ 5 days prior to procedure
- Persantine (dipyridmole) Stop 7 days prior to procedure
- Plavix (clopidogrel) Stop 7 days prior to procedure
- Pletal (cilostazol) Stop 7 days prior to procedure
- Pradaxa (dabigatran) Stop 2 days prior to procedure
- Xarelto (rivaroxaban) Stop 2 days prior to procedure
- Ticlid (ticlopidine) Stop 14 days prior to procedure
- Vitamin E Stop 3 days prior to procedure

Do NOT Take NSAIDs (Ibuprofen, Naproxen, Aleve, Diclofenac, Motrin, Advil, Mobic, Duexis, Zorvolex, Zipsor, Vivlodex, Meloxicam, Voltaren, Arthrotec, Relafen, Indocin, Celebrex or similar anti-inflammatory medications etc.) **Stop 3 ~ 5 days prior** to procedure

Acetaminophen or Tylenol is acceptable and can be taken right up to the day of your procedure.

Do NOT Take Vitamin E, Fish oil, Garlic, Ginkg, Ginseng **5 days prior** to the procedure

If you are not sure, please feel free to ask us or call your local pharmacist

Please, continue to take your chronic medications including but not limited to your: blood pressure pills, seizure medications, asthma medications, thyroid medication, pain medications as prescribed/scheduled.

If you are allergic to LATEX, please tell the physician immediately.

If you are allergic to SHELL-FISH, IODINE CONTRAST, IVP dye or CT scan contrast, please tell the physician immediately.

Wear loose fitting clothing the day of your procedure

Do not apply powder or cream over the area where the procedure is to be performed

Female Patients

- If you are pregnant or trying to get pregnant, you **MUST** inform us immediately.
- Urine pregnancy test may be done prior to the procedure if our staff feels it's necessary, but most procedures done in our office are not harmful to either the mother or the fetus.

Diabetic Patients

- Please continue to take medications (oral and/or injectable) for diabetes.
- Please check your blood glucose level (finger stick) at home on the procedural day.
- Please inform our office if your blood sugar is >300 the day before or the day of your procedure.



SeretisCare.com

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